Back to School Health & Safety:
NewYork-Presbyterian Queens Physicians Provide Tips for Preparing Children to go Back to School

The summer season is winding down, and now it is time for families to prepare their children to go back to school. The Department of Pediatrics at NewYork-Presbyterian Queens, offers the following tips to prepare children for a healthy, happy and safe school year.

Children will perform better at school when they are rested, active and eating a healthy diet. The following are a few late summer lifestyle changes that may prepare your children for a safe and productive school year.

NewYork-Presbyterian Queens’ Pediatric Department provides the following health tips concerning health and wellness, nutrition, your children’s sleep schedule and the safe use of backpacks.

Health & Wellness

1. Keep your children active. Experts recommend about 60 minutes of vigorous to moderate intensity activity a day for a growing child. This is an easier goal during the summer season when

Point of View (Continued on page 2)

Suozzi Announces Bipartisan “Washington Spy Trail” Legislation Along with Star of AMC’s “TURN: Washington’s Spies”

Suozzi with former U.S. Representative Lester Wolff. See story on page 2.

Vallone Passes Bill for Pedestrian Safety Near Schools & Parks

Council Member Paul Vallone’s bill, which will improve pedestrian safety near schools and parks, was passed unanimously by the City Council. See story on page 2.

Council Member Elizabeth S. Crowley On National Night Out Against Crime 2017

“Each year, National Night Out Against Crime celebrates the important partnership between our neighborhoods and the police department. It shows we recognize the best way to keep our communities safe is by working together, block by block. As Council Member, public safety is one of my highest priorities, and I thank the local precincts for their continued partnership and dedication to our local residents.”

Suozzi with former U.S. Representative Lester Wolff. See story on page 2.
there is abundance of free time. Try to keep your children moving with organized activities or even a neighborhood stroll. If you can, stay active with your child to promote your own wellbeing.

2. Schedule a physical exam for your child. Schedule an appointment with your child’s physician prior to the beginning of the school year. This can ensure that your child is up to date on his/her vaccines. If your child is an athlete, you can also set up a sports physical, so your child can join their teams and complete the exercise s/he needs. Finally, if your child is on medication, talk to your doctor about a plan to administer medicine during the school day if needed.

3. Make sure your child eats breakfast. Students who eat a healthy breakfast perform better in the classroom. It is important that every child eats three nutritious meals a day and, most importantly, does not skip breakfast. A hungry child may lack the necessary concentration for his/her school work.

4. Check the school lunch menu to avoid allergies and unhealthy decisions. If your children have allergies, make sure to check the school’s lunch menu to avoid triggering a reaction. Take the time to make sure your child’s teachers, the school’s administration and the school nurse are made aware of any allergies. Check the school lunch menu. If it does not meet your family’s nutritional needs, be sure to pack your child’s lunch.

5. Keep to a consistent sleep schedule. During the summer, children tend to fall asleep and wake up at later times. As the summer comes to a close, gradually alter bedtime until your child is used to his/her school year sleep schedule.

6. Put away mobile or tablet devices before bed. Smartphones and tablets emit “blue light,” which gives our body a false signal that it is morning. This can make it difficult to fall asleep.

7. Make sure your child wears their backpack properly. Make sure your child uses both straps on their backpack. Using just one strap of a backpack can put stress on the body. This could lead to lower back pain or poor posture.

8. Monitor the weight of your child’s backpack. Make sure your child is not carrying too much in his/her backpack. If you think your child is carrying too many books home, talk to your child’s teachers on ways to reduce the load.

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**Point of View (Continued from page 1)**

Council Member Vallone’s bill, which will improve pedestrian safety near schools and parks, was passed unanimously by the City Council. This critical piece of legislation will require the Department of Transportation (DOT) to survey all intersections that are adjacent to a school or park and do not currently have pedestrian countdown displays for the purpose of determining whether pedestrian countdown displays should be installed at such intersections. The bill will require DOT to install pedestrian countdown displays at all intersections that the department determines should have such displays within two years of the completion of the survey.

Seniors and students are the most vulnerable when trying to cross intersections. Pedestrians account for 56 percent of all traffic fatalities, with children and seniors being the most vulnerable populations. New Yorkers over 65 years of age make up 13 percent of the population and account for 33 percent of traffic fatalities. “It is important to stand with our principals, teachers, parents, students and seniors in our combined fight for safety around our schools and parks. This is an issue that must be addressed before another child or senior is injured just crossing a public street, in our community and throughout the city,” said Council Member Paul Vallone. “The well-being of our children should be our number one priority and this bill will provide a major boost for the safety of all students and their families.”

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**Vallone Passes Bill for Pedestrian Safety Near Schools & Parks**

(Continued from page 1)

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**Councillman Ulrich Announces the Expansion of Sanitation Services in the District**

As part of his ongoing efforts to make the communities he serves cleaner than they have ever been, Councillman Eric Ulrich has secured more than $85,000 for the expansion of sanitation services in the district.

Councillman Ulrich announced the new initiative, which includes additional trash pick-up locations, as well as mechanical broom sweeping services along Cross Bay Boulevard, between Liberty Avenue and 165th Avenue.

“Cross Bay Boulevard is a very busy commercial strip in this community. There are thousands of people that shop here and work here on a daily basis. It is a great challenge for Sanitation and local business owners to keep it clean,” Councillman Ulrich said. “Ensuring the cleanliness of the district is a top priority. I would like to thank Commissioner Garcia, and...” (Continued on page 10)
Council Member Peter Koo today released the latest results of his graffiti cleanup in Council District 20. Koo has worked closely with the Flushing Business Improvement District, and the Queens Economic and Business Development Corporation to conduct cleanups throughout all of Council District 20. Part of the effort is focused on grabbing hazing #FlushingGraffitiBusters on social media for residents to take pictures of graffiti locations and tag CM Koo or the Flushing BID.

Most recently, QEDC cleaning efforts have focused on graffiti removal sweep on the outskirts of the district on about 30 mailbox and light posts along Parsons and Willets Point Boulevard. Graffiti was also removed from fences along Utopia Parkway near the Flushing Cemetery. Similarly, the Flushing BID has focused on graffiti removal in downtown Flushing as well as on 41st Avenue, the Flushing LIRR station, and Lippman Plaza where graffiti has defaced the Flushing Freedom Military Memorial via spray tags. Since Fiscal Year 2015, CM Koo has directed more than $400,000 in citywide budget support toward these organizations for sanitation services.

Council Member Peter Koo stated, "Graffiti removal is an important quality of life issue that takes consistent enforcement to make an impact. That’s why I’ve worked to make both the Flushing BID and Queens EDC to remove this unsightly vandalism whenever it arises. It also takes the eyes and ears of the entire community. Anyone in Council District 20 can report graffiti locations to our offices, and we will flag the locations for removal."

Bhavna Punjwani, Business Administrator, Queens Economic and Business Development Corporation, stated, "The graffiti removal program has been a huge success. A few years ago, QEDC implemented this program with only a few districts, and based on the results, we have covered more and more territory as we flagging graffiti removal services in their areas. The program continues to grow."

Dian Yu, Executive Director of the Flushing BID, stated, "As a business improvement district, we aim to create more welcoming environment for everyone. The Flushing BID is dedicated toward providing a safe and clean environment. Thank you to Council Member Peter Koo funding these important services for our community."

NYCLASS Announces City Council Endorsements For Brooklyn And Queens, Independent Expenditures

Animal rights group NYCLASS (New Yorkers for Clean, Livable and Safe Streets) today released a list of endorsements for New York City Council seats in Brooklyn and Queens. Endorsements for Council seats in other boroughs are forthcoming. The group also announced that it has filed paper to conduct independent expenditures in five 2017 Council races, under the name NYCLASS Animal Protection, and may follow this initial round with more independent expenditures.

"NYCLASS supports candidates who will fight for meaningful changes to the carriage industry, from bigger stall sizes to better medical care and an end to slaughter," said Rhonda Bronner, Executive Director of NYCLASS. "Our allies in City Council and the individuals we’re backing in open races believe, like we do, that these reforms are both necessary and achievable." NYCLASS plans to deploy its 180,000 supporters for voter education, canvassing, and Get Out The Vote efforts, and will also do paid digital media advertising for certain key races.

Endorsements:
• Paul Vallone, Council Member for the 19th District (Queens)
• Francisco Moya, candidate for the 21st District (Queens)
• Danny Dromm, Council Member for the 25th District (Queens)
• Adrienne Adams, candidate for the 28th District (Queens)
• Donovan Richards, Council Member for the 31st District (Queens)
• Helen Rosenthal, Council Member for the 6th District (Manhattan)
• Paul Vallone, Council Member for the 19th District (Queens)
• Francisco Moya, candidate for the 21st District (Queens)
• Justin Brannan, candidate for the 43rd District (Brooklyn)

Pheffer Amato welcomes Captain Tavaloro to 101st Precinct

Assemblywoman Stacey Pheffer Amato (D-Far Rockaway) met this past Friday, July 28th, with the Commanding Officer of the New York Police Department 101st Precinct, Captain Vincent J. Tavaloro.

Assemblywoman Stacey Pheffer Amato welcomed Captain Tavaloro to the 101st Precinct, stating, "Captain Tavaloro is a proud member of our community and an effective leader of the New York Police Department. I'm excited to have him leading our 101st Precinct."

Pheffer Amato and the Captain discussed ongoing efforts to keep families safe and ways the Assemblywoman's Office partners with the 101st Precinct to keep residents informed out to the community.

FDNY UFGA Fire Officers Make First Official Endorsement in NYC Elections

FDNY UFGA President Battalion Chief Jake Lemonda (L) and Capt. Jorge Farinacci (R) rally in support of Council Member Elizabeth Crowley for re-election in front of Squad 288/HazMat 1 in Maspeth, Queens. Photo Courtesy of Uniformed Fire Officers Association. See story on page 4.
SEE YU AT ARTPRIZE IN GRAND RAPIDS MI by Merle Exit

Pure Michigan has been advertising about their great state. At this time of the year one of the major events ArtPrize is “a radically open, independently organized international art competition with an unprecedented $200,000 top prize decided entirely by public vote.” Now in its ninth year the event takes place within three square miles of downtown Grand Rapids from September 20 through October 8. Here is the scoop. Five $12,500 Category Awards – four awarded to artists for outstanding work within their respective categories (2-D, 3-D, Time-Based and Installation) as well as one awarded to a venue for outstanding curatorial presentation. There are 176 places to see the artworks. The prizes are awarded through two rounds. The first round narrows the field of 3,340 artists entries from 177 venues throughout Grand Rapids to two sets of finalists – twenty decided by public vote and twenty by expert jury. During the first weekend of the 2017 competition, September 23-24, the Category Juries will assess the entries within their respective categories, each selecting a shortlist of five entries. On Monday, September 25, the Category Juries will reveal their finalists during the “Jourors’ Shortlist” event, broadcast live on NBC affiliate, WOOD TV8. The Public Vote Final 20, selected by ArtPrize visitors through smartphone-enabled voting, will be revealed in a live, televised event on Sunday, October 1.

New in 2017, the second round will remove the distinction between the two sets of finalists, bringing them together to form a pool of up to forty finalists. The voting public and jury of art experts will have the opportunity to consider all forty finalists, regardless of how they were selected, when choosing the winners of their respective awards -- including the $200,000 Grand Prize and $100,000 in Category Awards. Category and Grand Prize winners will be announced at the ArtPrize Awards Ceremony on October 8. One of Queens’ internationally famous artists, Marlene Yu has entered. She writes: “This entry has 3 pieces from the Forces of Nature Series: ‘Avalanche’, ‘Undercurrent’, and ‘Glacier Melting.’ They can be shown together or not. If you are interested in other works for ArtPrize, please reach out. Even after thirty years of work on the Abstraction in Nature Series, my art continues to focus on the beauty of nature, calling for appreciation and awareness of what needs to be done to preserve our environment. I hope my efforts in the Environmental Green Movement in art prove to be substantial and that my art is both timely and timeless. The Glacier Melting Series started in 1965. I hope through my art to convey the urgent message to melt rapidly. I hope through my art to convey the urgent message our environment. I hope we protect it together.”

Marlene Yu’s entry, along with about 50 others, will be shown at the DeVos Place Convention Center, located at 303 Monroe Avenue NW. The site says, “It is our desire that your ArtPrize experience at DeVos Place is brought to you full of fun, creativity, a little ten- sion, honest conversation and a modicum of humor. In 2017, DeVos Place will host an International Women’s Pavilion! We are encouraging women artists from all over the planet to apply for placement in this special area for ArtPrize! All art forms will be considered for entry in the Women’s International Art Pavilion. The goal of the pavilion is to celebrate women in the arts!” For further information on ArtPrize, visit events/artprize I totally recommend two other venues to visit. Frederik Meijer Gardens and Sculpture Park, a 125-acre park is both a botanic and sculpture experience having Michigan’s largest tropical conservatory of three indoor theme gardens along with nature trails, sculpture galleries and sheer beauty for both the eyes and nose. One of the largest children’s gardens in the country is here as well as Victorian gardens with bronze sculptures byegas and more. A tram tour is available for a group of 10 or more. June of 2015 saw the new 8.5-acre Richard and Helen DeVos Japanese Garden. As for ArtPrize, there is a sculpture gallery with about 20 entries set up for the viewing and voting. There is no charge unless you are interested in touring the rest of the facilities. www.frederikmeijergardens.org

In response to the Governor signing into law legislation (A7463) that would raise the maximum income threshold for the Senior Citizen Homeowners’ Exemption (SCHE) and Disability Homeowners’ Exemption (DHE) programs, Assemblywoman Nily Rozic (D-W-Fresh Meadows) issued the following statement: “With housing costs in New York City steadily rising, I have fought every year in Albany to preserve and improve the rights of homeowners. I am glad to announce that legislation I co-sponsored that would expand SCHE and DHE benefits for senior and disabled homeowners has been signed into law. With the expansion of this benefit, I am confident that more of our seniors will be able to stay in the communities they have long called home.” SCHE and DHE are property tax exemption programs for senior citizens and disabled New Yorkers who own one, two, or three family homes, condominiums, or cooperative apartments. The Rozic-backed bill raises the current annual income threshold from $37,400 to $58,400 and would apply to all applications received at the start of this year. The bill was signed into law on July 25, 2017 and will take effect immediately.

Rozic has long been vocal on the need to improve the City’s property tax system overall. Similar to events she has organized in the past, she will soon host the City Department of Finance (DOF) in her Flushing district office for a series of office hours that would allow residents to connect directly with DOF staff on any questions or concerns. In the past, residents who would like to enroll in either of the programs can call 212-291-3077 or Rozic’s office at 718-820-2041.

THE GREAT COMET CONTROVERSY

by Merle Exit

Natalia, Pierre and the Great Comet of 1812 musical, is having a racial contro- versy. Nobody seemed to delve into the ancestry of Josh Groban, the star that brought billions of dollars to the box office. According to wiki, Groban’s father is a descendant of Jewish immigrants from Poland and Russia, who converted from Judaism to Christianity upon marrying Gro- ban’s mother. Groban’s mother’s ancestry includes English, Ger- man, Norwegian and Jewish. His parents are Episcopalians. Is there a country called “Jewland?” Was this done by DNA? Ancestry dot com or info passed down through the relatives?

With his contract having run out, the producers replaced his starring role with an actor named Okieriete “Oak” Onaodowan, a man whose name is a lot harder to pronounce unless you hear it. This or that doesn’t seem to reveal this actors religion or ancestry although he appears to be black or “of color.” Rumors have it that in order to get the roles that he had played on Broadway, he converted to Black. It seems that the box office draw was due to Josh Groban as the star role. His contract being over, they had Oak stepping into the role, an actor who is not as well known.

Not a “name” and the sales plummeted down. The producers made a decision to replace the actor with a black man.”

Drug Abuse & Disability Services; Libraries; Mental Health, Develop - ment and Chippewa people of West Michigan in the exhibit, Anishi- nabe: the People of the Past. Stroll through a full-scale detailed re-creation of Grand Rapids in the 1890s and be transported back in time. See the inner workings of the original clock salvaged from the old City Hall. These are just some of what you’ll view on three levels of the art of collections. This venue will host ArtPrize entries both indoors and outdoors.www.grmuseum.org

FDNY UFOA Fire Officers Make First Official Endorsement in NYC Elections

(Continued from page 3)

The Uniformed Fire Officers Association of the Greater New York City Fire Department, endorsed City Council Member Elizabeth Crowley, chair of for re-election to the 30th Council District.

“The Executive Board of the UFOA unanimously and enthusi- astically voted once again to en- dorse Council Member Elizabeth Crowley, who serves as the Chair of the Public Safety, Criminal Justice and Social Services Committee,” said UFOA President James Lemonda. “Chair Crowley is a powerful advocate for the benefit to uniformed personnel, someone who has led a citywide effort to save firehouses and improve the city’s 9-1-1 calling system. She additionally spearheaded efforts to increase tours of Emer-gency Medical Service at a time when emergency medical calls and response times are higher than ever before,” President Lemonda said.

Council Member Crowley also sits on the committees on City Service & Labor; Community Development; Cultural & Libraries; Mental Health, Developmental Disability, Alcoholism, Drug Abuse & Disability Services; and Women’s Issues.

(Continued on page 5)
FDNY UFOA Fire Officers Make First Official Endorsement in NYC Elections

(Continued from page 4)

“Fourteen years ago, the City foolishly closed six engine companies. Since then, response times have increased to unacceptable levels. Council Member Crowley along with virtually all the members of the City Council also fought off efforts by the City Administration to shut down twenty more fire companies,” President Lemondra said. “We know we can count on her to fight to bring the Fire Department back to full strength.”

Council Member Crowley was born and raised in the district she now represents. She is one of fifteen children born to Walter and Mary Crowley, who themselves were dedicated public servants. She most enjoys the time she spends with her sons, Dennis and Owen, who were graduated from local public schools and both now attend New York colleges.

“I am very honored to be the first City Council candidate endorsed by the United Fire Officer Association. NYC Fire Officers are so dedicated to keeping our families safe. We have partnered together many times over the years to make sure our City’s has the fire protection it needs. Thank you for your service and I am very grateful for your support!”

CROSSWORD PUZZLE

Answer to Last Weeks Puzzles

“Try & Find”
Governor Andrew Cuomo Endorses Councilmember Elizabeth Crowley in Queens Primary

Democratic Councilmember Elizabeth Crowley has received the endorsement from New York State Governor Andrew Cuomo in the Democratic Primary for the 30th City Council District. This gives Crowley her highest profile supporter of her re-election bid, while further bolstering the candidate’s Democratic record against the radical conservatism of her primary opponent Bob Holden.

“Governor Andrew Cuomo has demonstrated time and again that he has not forgotten his Queens roots or the needs of our community. The proof of this is all around us, from free college tuition for our middle class families and increased education funding for our schools, to major new infrastructure projects like the Kosciuszko Bridge and LaGuardia Airport. The Governor has consistently proven his commitment to our community, and I intend to do the same with another term in the City Council.”

Chairman Joe Crowley (D-NY) of the House Democratic Caucus issued the following statement on the 52nd anniversary of Medicare and Medicaid:

“For 52 years, Medicare and Medicaid have been more than just a safety net – they have provided a lifeline to millions of Americans. With Medicare and Medicaid, the United States made a promise to take care of those who need health care the most – a promise Democrats are fighting each day to see fulfilled. Today, as we celebrate these vital programs, we renew our commitment to oppose any harmful legislation attacking our country’s most vulnerable.”

House Democratic Caucus Chairman Joe Crowley (D-NY)

Governor Andrew Cuomo Endorses Councilmember Elizabeth Crowley in Queens Primary

Chairman Crowley Statement on 52nd Anniversary of Medicare and Medicaid

Thur, August 3, 2017

For over a decade, Elizabeth Crowley has fought for Queens families. She has fought and secured education funding so that public school children can be guaranteed a better, brighter future. She has prevented the closure of local firehouses and stood up for New York’s bravest in their times of need. Most of all, Elizabeth has served as mentor and inspiration to countless women and aspiring officeholders across the city through her work to ensure local government reflects all the voices of the community. I know that with four more years Elizabeth Crowley will continue to deliver for the 30th District, and I’m proud to endorse her candidacy,” said Governor Andrew Cuomo.

“I’m truly honored to have the Governor’s endorsement,” said Councilmember Elizabeth Crowley. “Governor Andrew Cuomo has demonstrated time and again that he has not forgotten his Queens roots or the needs of our community. The proof of this is all around us, from free college tuition for our middle class families and increased education funding for our schools, to major new infrastructure projects like the Kosciuszko Bridge and LaGuardia Airport. The Governor has consistently proven his commitment to our community, and I intend to do the same with another term in the City Council.”

With the endorsement of New York State’s chief executive, Crowley earns her highest profile supporter to date in the race for the 30th district, which encompasses the Queens neighborhoods of Maspeth, Middle Village, Ridgewood, Glendale, Woodhaven and Woodside. The news also serves to further contrast Crowley with opponent Bob Holden. Holden is running against Crowley in the September 12th Democratic primary while also running on the Conservative Party line, and has a long record of taking strong anti-woman, anti-LGBTQ and other conservative stances.

Crowley, meanwhile, has consistently demonstrated her Democratic bonafides through her efforts to increase the participation of women in the Council and on corporate boards. Crowley is a founding member of 21 in 21, an initiative by Council Speaker Melissa Mark-Viverito to reach 21 women serving in the Council by 2021. Since taking office in 2008, she has served as the Chair of the Committee on Fire and Criminal Justice Services, which oversees the Fire Department, Department of Correction, Department of Probation, and the Office of Emergency Management. From March 2014 to 2016, Council Member Crowley served as co-chair of the Council’s Women’s Caucus.

Suozzi: Problem Solvers Caucus Releases First Bipartisan Proposal to Make Health Care System Work Better for Americans

Suozzi: Bipartisan plan is like “an oasis in desert of dysfunction”

Chairman Crowley Statement on 52nd Anniversary of Medicare and Medicaid

Suozzi: Problem Solvers Caucus Releases First Bipartisan Proposal to Make Health Care System Work Better for Americans

Suozzi: Bipartisan plan is like “an oasis in desert of dysfunction”

Congressman Tom Suozzi (D--Long Island, Queens), as Vice-Chair of the bipartisan Problem Solvers Caucus, announced that they have released a bold new bipartisan proposal to stabilize the individual health care market. If passed, this plan, the first bipartisan plan that has been proposed, would help stabilize the individual market by trying to reduce premiums, among other things. The caucus, made up of 22 Democrats and 22 Republicans, agreed on the plan over the weekend.

“Americans are desperate for Democrats and Republicans to work together to try and tackle the challenges our country faces. The Problem Solvers Caucus, by proposing this major bipartisan first step, is like an oasis in a desert of dysfunction. We still have much more to do with health care and other issues and we hope our colleagues will join our efforts in this spirit of good will and compromise for the common good.

“I’ve been saying from day one that I came to Congress to try and get things done. I’ve made it my life’s work to not just talk about solving problems, but actually bring people together and come up with solutions that will impact people’s lives. This plan does exactly that.

“By shoring up the individual marketplace and offering Americans much-needed relief, the Problem Solvers’ plan will keep the U.S. health care system stabilized and allow it to prosper.

“I’m proud of this bipartisan proposal and will be working hard to convince both Republicans and Democrats that this is the best plan right now for improving our nation’s health care system,” said Congressman Suozzi.

The Problem Solvers Caucus’ proposal calls for the following:

- Bring cost-sharing reduction (CSR) payments under the Congressional oversight and appropriations process, but ensure they have mandatory funding. CSR payments are an important part of helping households earning between 100% and 250% of the federal poverty level afford to participate in the individual market.
- Create a dedicated stability fund that states can use to reduce premiums and limit losses for providing coverage—especially for those with pre-existing conditions.

(Continued on page 10)
Assemblyman Braunstein Honors Former Samuel Field Y Executive Director/CEO Jeri Mendelsohn

On July 25, 2017, Assemblyman Edward C. Braunstein (D-Bayside) attended the Samuel Field Y Annual Summer Time Community Celebration and Autism Awareness Event at Bay Terrace, and presented a New York State Legislative Resolution to Jeri Mendelsohn, LCSW, who retired as the Executive Vice-President & CEO of Samuel Field Y in June.

“It was a pleasure attending Samuel Field Y’s Annual Autism Awareness Event at the Bay Terrace Pool & Tennis Center. Thank you to Jeri Mendelsohn for her decades of dedication and service to seniors and people with disabilities,” said Assemblyman Braunstein.

Jeri Mendelsohn served as the Executive Vice-President and CEO of the Samuel Field YM&YWHA and of the Central Queens YM&WHA, multi-service communal organizations that serve the Borough of Queens with a diverse array of social services, educational and social/Recreational programs for people of all ages, abilities and life stages. Jeri served as the Chief Executive for agencies that serve more than 35,000 people each year at 33 sites including three large community centers as well as a sleepaway camp, Camp Poyntelle Lewis Village in Pennsylvania.

Prior to her appointment as CEO in October 2013, Jeri spent twelve years as the Samuel Field Y’s Associate Executive Director responsible for the agency’s extensive array of social service programs including: Early Childhood & Parenting Programs, Services to Individuals with Disabilities, Mental Health and Family Violence Services, the Single Parent Center, Staff Development and Graduate Education. Jeri has had over 30 years of experience in the development and implementation of programs and services for people with disabilities with particular concentration on Early Intervention Services as well as the creation of programs that foster the inclusion of people with disabilities of all ages within their communities. Jeri also serves as the Co-Chairperson of the UJA-Federation of New York’s Task Force on People with Disabilities.

Hundreds of Whitestone residents were treated to the first Family Movie Night at Frances Lewis Park on July 26. This free outdoor event featured a screening of Disney’s Finding Dory and complimentary refreshments. The event was open to the public and sponsored by Vallo Transportation, 109th Precinct and 109th Precinct Community Council.

Assemblywoman Stacey Pheffer Amato Helps Resident With DDC-Damaged Property

Over the past few weeks, Assemblywoman Stacey Pheffer Amato (D-Broad Channel) met with Broad Channel resident Frank Harnisher, whose story has been covered in local media because the NYC Department of Design and Construction (DDC) hired a contractor to help make his block more storm-resilient, and the contractor subsequently left his property in a state of disrepair. Senator Joseph P. Addabbo, Jr. and Councilmember Eric Ulrich were also on hand to weigh in on Harnisher’s behalf. Harnisher had given the contractor permission to store equipment used in storm fortification on his property. The transportation and use of the equipment then damaged his pool, his fence and several other structures, and actually decreased the length of his house’s own bulkheads, increasing his susceptibility to storm surges.

“It was absolute craziness,” said Pheffer Amato. “Frank voluntarily opened his property to this contractor, and they not only damaged his home, but then they disappeared - supposedly at the direction of the Build-It-Back - without repairing the damage. I’m glad our office got the call, and that we were able to bring the

Assemblywoman Stacey Pheffer Amato Helps Resident With DDC-Damaged Property

Photo by: Dominick Totino Photography

Whitestone Family Movie Night

Assemblieswoman Stacey Pheffer Amato Helps Resident With DDC-Damaged Property

Photo by: Dominick Totino Photography

Queens’ Finest Italian Restaurant

About Park Side Restaurant - An Italian Landmark in the heart of Corona, Queens. Park Side Restaurant is truly a destination that is worth the trip. After one visit, you will be sure to be back again and again for one the city’s Best Italian restaurants. Bring your appetite and enjoy authentic and always delicious dishes using the freshest ingredients and attention to detail served by our professional staff. Park Side is also happy to host your next function with our private dining area and flexible banquet packages.

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- Reservations Suggested -
Upcoming No-Cost Breast Cancer Screenings

The American-Italian Cancer Foundation’s (AICF) mobile, No-Cost Breast Cancer Screening Program which provides mammograms and clinical breast exams to uninsured and medically underserved New York City women is scheduled to conduct screenings in your neighborhood. Below is a list for our upcoming community no-cost Breast Cancer Screenings. To schedule an appointment please call 1-877-628-9090.

Thursday, August 3, 2017, Joseph Addabbo Family Health Center, 6200 Beach Channel Drive, Arverne, NY 11692
Friday, August 4, 2017, (9:00AM-12:00PM), Joseph Addabbo Health Center, 1439th Sutphin Blvd., Jamaica, NY 11436
Friday, August 4, 2017, (2:00PM-4:30PM), Joseph Addabbo Health Center, 128th Central Ave., Far Rockaway, NY 11691
Saturday, August 5, 2017, (9:00AM-12:00PM), Mark Missionary Baptist Church, 138-59 Lloyd Rd., Jamaica, NY 11435
Saturday, August 5, 2017, (2:00PM-4:30PM), Vocias Latinas, 37-63 83rd St., Jackson Heights, NY 11372
Wednesday, August 9, 2017, Queen’s Health Center, 9704 Sulphur Blvd., Jamaica, NY 11435
Thursday, August 10, 2017, Office of Assemblymember Mike Miller, 83-91 Woodhaven Blvd, Woodhaven, NY 11421
Friday, August 11, 2017, (9:00AM-12:00PM), First Central Savings Bank, 58-02 Myrtle Avenue, Ridgewood, NY 11385
Friday, August 11, 2017, (2:00PM-4:30PM), New York Community Bank, 93-22 Jamaica Avenue, Woodhaven, NY 11431

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This week’s theme is “blast from the past” as local venues take strolls down memory lane with music, theater, dance, and more, for decades-old memories and even a memorial race track. There are some nods to the present, though, with a world premiere film festival and theatrical productions as well as fresh dance projects.


Aug. 3, Park Plays, Aug. 6. Shorts exploring Flushing Meadows Corona Park make world premiere. Topics include romance, alien invasion, dragon boats, and drag queens. Showing Aug. 3, at 7:30 pm; Aug. 4 at 8 at pm, Aug. 5 at 2 pm and 8 pm; and Aug. 6 at 3 pm. $15/$15 for students and seniors. Queens Theatre, 14 United Nations Ave., S., Flushing Meadows Corona Park, http://bit.ly/2uQTSSS.


Aug. 3, 2001: A Space Odyssey, Aug. 6. This Stanley Kubrick epic—“the ultimate trip” is about apes and their flight into civilization, blending cool satire, an elaborate vision of the future, and avant-garde cinematic inventiveness. It’s screened as part of the ongoing See It Big! Series on Aug. 3 at 7 pm; Aug. 4 at 7 pm; Aug. 5 at 7 pm; and Aug. 6 at 6:30 pm and 8 pm. $15. Museum of the Moving Image, 36-01 35th Ave., Astoria’s Kaufman Arts District, http://bit.ly/2ucqxxk.


Aug. 4, Jamaica JAMS, Aug. 5. This 21st annual event attracts about 200-300 revelers to live performances, fashion, arts, and more than 500 vendors. Friday night’s fun includes a concert at Rufus King Park (153rd Street and 89th Avenue). On Saturday, ten blocks of Jamaica Avenue (Parsons Boulevard to 170th Street) are closed for the main party. More info: http://bit.ly/2we2uAc.

Aug. 4, Finding Samuel Lowe: From Harlem to China, 6:30 pm. This documentary follows three African-American siblings who search for their long-lost Chinese grandfather. Along with 16 family members, they travel to two Chinese cities, finding lineage, tales and a ‘missing’ home. $5. $5. $5. $5. Free. Town Hall, 137-35 Northern Blvd., http://bit.ly/2u9D5M5.


Aug. 5, Summer of Women Film Series, 1 pm. Watch and discuss Dolley Madison, a movie about the President James Madison’s wife, as part of a series honoring the 100th anniversary of women suffrage in New York State. Free. Greater Astoria Historical Society, 35-20 Broadway, LIC, http://bit.ly/2uNCXGZ.

Aug. 5, Green Thumb, 1 pm. Make a giant sun kite to take home and watch grow. Rufus King and his son, John Alspop King, were nature-lovers who turned their home into a flowering classic. Free. King Manor Museum, King Park, vicinity of Jamaica Avenue and 153rd Street, Jamaica, http://bit.ly/2v1Kmz.

Aug. 6, Moon Drumming Workshops, 7 pm. More info: http://bit.ly/2tNiUBO.


Aug. 9, Bird Mobiles and Birding Tours, 1 pm. Museum educator Emma Bonanomi leads a scavenger hunt so visitors can find inspiration in their backyard. Then, it’s making paper bird mobiles to decorate and take home. $5. $5. $5. $5. $5. Free. Woodhaven, NY 11421

Learn more at www.queenstimes.com.
Tennis fans regardless of whether they are male or female are finding the three-week span of sex and players will soon be jamming the National Tennis Center in Flushing Meadows. There were 11 sites involved in some way with the US Open tournament starting in late August.

However, some other activity is presently going on in the net activity. It’s the Mylan World Team Tennis League pitting six teams from the East to the West around the country. And these franchises are professional tennis team tennis teams. And this is a professional established one but not as known as the US Open, a tournament that already fully established. The local franchise is called the New York Empire. It’s no more John McEnroe nor his younger brother Pat, either.

It’s, a female, Billie Jean King and her staff. Ms. King is a former United States Open champion will be remembered for a long time. No matter, what the league or team does, she will always be on hand to give a helping hand. This team, combined of men and women, is coached by Gig Fernandez and led by Mardy Fish, John Isner, both from the United States.

In a recent march, they lost to the Philadelphia Freedoms. In almost every given match, the Empire one of six teams in the league, could pull “it” out. And the fans could come out at any time and support the team.

Fish is only one of the players who retired from the pro circuit and concentrated on his own play. Recently, he will begin the sport of golf, and can do both equally well.

“We have to go through the daily routine,” he called during the summer and after a match. “We have to keep being positive. We have to get ready for our next match.”

Queens Tennis Sports

The first steps to building or increasing your wealth He said, “to maintain a low balance on your checking accounts and credit cards, auto loans, and some times collection accounts.

Hood advised that one key to having good credit is to maintain a low balance on your checking account. And that is why "I love this work," Hood said.

“Without two things we can forget about credit. Hood also said the most important pieces of advice he’s given to his clients are building savings and be forward thinking.

For Sanders is the ranking democrat on the Senate Banking Committee, and has long been a leader in efforts to increase economic development in the community and helping people build wealth. He will continue to have similar financial related events in the future.

Queens Tennis Teams Recognized With ITA Academic Awards

Seven Queens College tennis student-athletes were recognized with academic awards at the recent ITA Collegiate Tennis Ballأ’ti in latest August. Seven members of the Queens women’s tennis team and two members of the men’s tennis team picked up Scholar Athlete honors. In addition to that, the Knights’ women’s tennis team was named an All-Academic Team.

Sen. Sanders Educates the Community on Financial Management with FREE Workshop

Senator James Sanders Jr., (D-Rochdale Village; Far Rockaway) hosted a free workshop on credit and financial management on Wednesday, July 26, 2017 at Greater Rescue Church of Christ in Far Rockaway.

“Financial management is a skill that our children need to learn,” Sanders said, “are here to teach you strategies in financial wellness.”

The class was taught by Rachel Hood, a Financial Wellness Coach, at Operation Hope, an organization that promotes financial dignity through the delivery of financial inclusion and education tools to underserved communities.

“Thank you for participating in today’s workshop,” said Hood. “Today we learned that financial management is important. The two main things we learned are budgeting and being able to save some money.”

Topics covered at the workshop included establishing or increasing your credit score, creating a budget, how to read a credit report and what can be done to correct errors that may negatively affect your credit rating.

Hood also talked about the five main categories of debt that affect one’s credit score. They are: personal loans, student loans, mortgage loans, credit cards, auto loans, and some times collection accounts.

Hood advised that one key to having good credit is to maintain a low balance on your checking account. And that is why "I love this work," Hood said.

“Without two things we can forget about credit. Hood also said the most important pieces of advice he’s given to his clients are building savings and be forward thinking.

“Without two things we can forget about credit. Hood also gave some advice on how to manage and budget your money,” Sanders said. “We have to get ready for our next match.”

Meng: No On Minibus With Border Wall Funding

(Continued from page 3)

The amount is consistent with Meng’s efforts on the Hill, where she joined more than 60 Congressional colleagues on a letter to Senate Appropriations Committee Chairman Calvert and Ranking Member McCollum also calling for the same amount.

Labor, Health and Human Services, Education, and Related Agencies Appropriations Bill

$100 million for the Children’s Hospitals Graduate Medical Education Program, preventing the $5 million cut proposed in the President’s budget request. This program provides funding to freestanding children’s hospitals’ medical education programs to train their residents.

Bill report language urging the National Cancer Institute to call for proposals and create an ad hoc special emphasis grant to support research on the prevention and cure for the hepatitis B virus.

Bill report language urging the National Cancer Institute to call for proposals and create an ad hoc special emphasis grant to support research on the prevention and cure for the hepatitis B virus.

State, Foreign Operations, and Related Programs Appropriations Bill

$440 million for the Urban Area Security Initiative Nonprofit Security Grant Program, double the enactment of $220 million for this program.

State, Foreign Operations, and Related Programs Appropriations Bill

$423,000 for the Smithsonian’s Asian Pacific American Program, which encourages the development and display of Asian art and culture for more than 600 Members of Congress. This program provides funding for targeted hardening and physical security improvements to 150 eligible non-profits that face a high risk of a terror attack. The Jewish community, including Jewish Community Centers and Mosques.

State, Foreign Operations, and Related Programs Appropriations Bill

$5 million for the Chil- dren of Incarcerated Parents Program, which enhances and maintains parental and family relationships for incarcerated parents as a recentity or recidivism reduc-

Statement from Senator Conrie on the Belmont Park RFP from Empire State Development Corporation

“This Request for Proposals is a unique opportunity for Southeast Queens to build something significant that could be a boon to locally owned businesses and our regional economy. I pledge to continue working with my colleagues in government and the community so that this process proceeds fairly for all stakeholders—especially local residents.
The Meng companion provision in the NDAA would expand truck-tipper services in problematic areas throughout the district. Targeted areas include Beach Channel Drive, 116th Street, Cross Bay Boulevard, Coleman Street, Liberty Avenue, 16th Avenue, 156th Avenue, 20th Street, 159th Road, 157th Avenue, 102nd Street and West 12th Street, among many others.

Senators Gillibrand and Cotton legislation to Improve Childcare Services for Military Families Passes House

U.S. Representative Grace Meng (D-NY) and U.S. Senators Kirsten Gillibrand (D-NY), and Tom Cotton (R-AR) announced today that the House has passed their legislation to improve childcare services for military families.

The measure passed as an amendment to the National Defense Authorization Act (NDAA), the annual legislation that sets funding levels and policies for the U.S. Department of Defense, in both the Senate and the House. Gillibrand introduced the original Senate provision earlier this year, which calls for military families to have access to the flexible child care options they need and applies the provision in the House for approving it. I look forward to our measure now being passed by the Senate.

“Our military families sacrifice an enormous amount for our country, but their childcare needs are not being met by our military’s current approach to child care,” said Senator Gillibrand, the Ranking Member of the Senate Armed Services Personnel Subcommittee. “This bipartisan provision would help boost our military’s readiness and retention by making sure our military families have access to child care that actually meets their needs. I am urging my Senate colleagues to maintain this provision, and I will do everything in my power to make sure our extraordinary military families always have the resources and support they need and deserve.”

“I am very pleased to see our child-care provision was included in the House NDAA bill. We now have one step closer to giving military families the support they deserve,” said Senator Cotton.

Also included in the House-passed version of the NDAA were two other amendments sponsored by Meng that seek to improve the lives of women in the military. The provisions would:

1. Require the Secretary of Defense, as recommended by the Defense Advisory Committee on Women in the Services, to issue a single guideline for pregnant service member services that outlines decisions, actions, and requirements relating to pregnancy, the postpartum period, and parenthood. The 2016 report is available here. An amendment text can be found here.

2. Require the Secretary of Defense, as recommended by the Defense Advisory Committee on Women in the Services, to review the design, marketing, size, price, availability, quality, and utility of maternity uniforms for pregnant members of the military. The amendment text can be found here.

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Seyblumwoman Stacey Phemer Amato Helps Residents With DDC-Damaged Property

(Continued from page 7)

DCC and the Contractor back to the table. We’ve received assurances that his property will be next in line for appropriate repairs, which is important, because Mr. Amato has only been living with this damage for months.”

“I appreciate everything the Assemblywoman, the Senator and the Councilmember have done, and I’m glad to hopefully be getting this all behind me,” said Harnisher. “This is not something that has come together to make a plan. It shouldn’t have to take this much effort. Reasonable people should be able to sit down and work out these situations. But I appreciate everyone who stepped in to actually start getting it done, and I look forward to Citi Bike expanding to the neighborhood in the coming months.”

Astoria Riders Call for Crescent St. Bike Lane Ahead of Citi Bike Launch

Cyclists are calling for the city to add a protected bike lane along Crescent Street, saying the road offers a direct connection to the Queensboro Bridge that will serve more vital once Citi Bike expands to the neighborhood in the coming months.

Astoria Bayside Group Transportation Alternatives is campaigning for a lane along all of Crescent Street, which runs through a busy part of Astoria from 20th Avenue into Long Island City and currently does not have a bike path.

Installing a protected lane, which would greet a cyclist between cyclists and traffic would make the street safer for those who already use it to get to the bridge, as well as for residents who may want to start biking but are discouraged by the lack of infrastructure, organizer Juan Restrepo said.

“Artists and Citi Bike protected lanes that permit that kind of person to emerge, to feel safe,” he said, noting that Astoria is home to many bike riders, as the rental service is set to expand into Long Island City and Astoria over the next few months.

Of the 59 Citi Bike stations that are planned for the neighborhood, seven are located along Crescent Street, according to a map released by the Department of Transportation on Friday.

The DOT has added several bike lanes in Astoria over the last few years, with new paths along 31st Avenue, Shore Boulevard and new protected lanes on parts of 20th Avenue and Hoyt Avenue North.
amount payable to the Office of the Public Administrator for the expenses of said office pursuant to S.C.P.A. §1106(3); and if a decedent is a distributee of the decedent’s estate, said allowance shall not be paid to said alleged distributees upon proof of kinship or relationship to the decedent. The Commissioner of Finance of the City of New York shall said alleged distributees default herein fail to prove of kinship. Dated, Attested and Sealerd March 2, 2017, at the Surrogate’s Court of the County of New York, New York.

PETER J. KELLY
Surrogate, Queens County
Lee J. Coulman
Chief Clerk of the Surrogate’s Court
GERARD J. SWEENEY, ESQ.
1981 Marcus Avenue, Suite 202
Lake Success, New York 11042
(718) 459-9000

Notice of formation of COLLEGE POINT DENTAL PLLC, Arts of Org. filed with Secy. of State of NY (SSNY) on 6/12/17. Office location: Queens County. SSNY designated as agent upon whom process may be served and shall mail process to: 122-11 20th Ave., Ste. 202, Brooklyn, NY 11228. Purpose: Dentistry. 7/20,27,3/10,17/2017

Notice of formation of 112-11 AVENUE LLC, Arts of Org. filed with Secy. of State of NY (SSNY) on 03/23/17. Office location: Queens County. SSNY designated as agent upon whom process may be served and shall mail process to: 112-11 Avenue, College Point, NY 11356. Purpose: any lawful purpose or activity. 7/20,27,3/10,17/2017

Notice of formation of 114 CRESCENT LLC, Arts of Org. filed with Secy. of State of NY (SSNY) on 09/26/16. Office location: Queens County. SSNY designated as agent of the LLC upon whom process may be served and shall mail process to the LLC at 135-47 S. Ozone Park, NY 11420. Purpose: any lawful purpose. 7/20,27,3/10,17/2017

Notice of formation of 35 GROUP LLC, Articles of Org. filed with Secy. of State of NY (SSNY) on 02/06/17. Office location: Queens County. SSNY designated as agent of the LLC upon whom process may be served and shall mail process to: The LLC, 133-67 26th Ave., Bayside, NY 11364. Purpose: any lawful activity. 7/20,27,3/10,17/2017

Notice of formation of ABC Finest Home Care LLC, Arts of Org. filed with Secy. of State of NY (SSNY) on 03/20/17. Office location: Queens County. SSNY designated as agent of the LLC upon whom process may be served and shall mail process to: The LLC, 5th & 39th Ave., Elmhurst, NY 11370. Purpose: any lawful activity. 7/20,27,3/10,17/2017

NOTICE OF SALE SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF QUEENSc/o FAIR AND FREE INDEPENDENT ROBERT ZUMCHECK 218-03 95th Ave., E. Elmhurst, NY 11370

LEGAL NOTICES
Assemblywoman Stacey Pheffer Amato Attends 2nd Annual Rockaway Sandcastle Contest

Assemblywoman Stacey Pheffer Amato (D-Rockaway) attended this past Sunday, the 2nd Annual Rockaway Sandcastle Contest on Beach 117th Street hosted by the Rockaway Times and New York City Parks Department.

“This event is great fun for our entire community,” said Pheffer Amato. “Every sandcastle was unique and truly represents what summer is all about- Team Stacey will be preparing for next year!”

Assemblyman Miller Hosts Legal Mobile Van at His Office

On Monday, July 24, 2017, Assemblyman Mike Miller hosted the New York Legal Assistance Group (NYLAG) van at his office located at 83-91 Woodhaven Boulevard in Woodhaven, NY. “It is essential that those who cannot afford legal services have the opportunity to meet with a lawyer for legal help,” said Assemblyman Miller. Assembly Miller thanks NYLAG for helping constituents with free legal service.

Assemblywoman Rozic Celebrates Queensboro Hill Library Re-Opening

Assemblywoman Nily Rozic (D,WF-Fresh Meadows) joined the Flushing community in celebrating the re-opening of the Queens Library Queensboro Hill branch. The library had been closed up until recently for roof renovations. Rozic was joined by Council Member Peter Koo, Community Board 7 District Manager Marilyn McAndrews, and Queens Library CEO Dennis Walcott for the occasion, as well as representatives from Congresswoman Grace Meng’s and State Senator Toby Ann Stavisky’s offices. Rozic has long supported the upkeep of local libraries – recognizing their importance as centers that prioritize literacy and offer access to a wide variety of public programming for community members of all ages.